

Spotlight Employee of the Month

Edith Rivas

Edith has been employed at Rockville Nursing Home since April 2017. She works with the Housekeeping Department. Edith is married with three children and 3 grandchildren. She spends her free time just relaxing at home.



If you had a super power, what would it be?

“Telepathy”

What is one thing most don't know about you?

“Even though I look serious, I'm not.”

What's your biggest accomplishment this month?

“Travel”

Idea of a Perfect Day:

“Winning the lottery”

“Edith has a nice personality. She is very caring and always willing to lend a helping hand.”

*-Edward Gonzales
Director of Environmental Services*

“Edith is an outstanding employee who makes excellent impression with both residents and staff- She displays high energy and drive..”

*-Vincent McCubbin
Administrator*

Welcome Our Newest Staff!



Alfredo Jaslin, LPN



Brayant Gonzales,
Dietary Aide



Ajita Pakharin, RN

VOLUNTEER YOUR TIME

We are always looking for volunteers to spend some time with our residents. If you're interested call 301-279-9000



**Rockville Nursing Home
Steppe Memorial Building
303 Adclare Road
Rockville, MD 20850
(301) 279-9000**

The Happenings

at Rockville Nursing Home



APRIL

“Providing superior care for our residents and peace of mind for families.”

April Staff Birthdays

Bernadette Tennessee- 2nd
Margaret Armah- 4th
Alfredo Jaslin- 5th
Akoua Amedodji- 11th
Henritter Frazier-Bey- 13th
Rose Kotey- 14th
Joseph Alexandre- 15th
Naomi Allen- 18th
Jeanette Spencer- 21st
Fifi Mayaka- 24th
Alexander Shaefudin- 28th
Valerie Fongang- 28th

HAPPY
HAPPY
BIRTHDAY



Measles

Measles is a childhood infection caused by a virus. Once quite common, measles can now almost always be prevented with a vaccine. Also called rubeola, measles can be serious and even fatal for small children. While death rates have been falling worldwide as more children receive the measles vaccine, the disease still kills more than 100,000 people a year, most under the age of 5. As a result of high vaccination rates in general, measles hasn't been widespread in the United States for more than a decade.

Symptoms

Measles signs and symptoms appear around 10 to 14 days after exposure to the virus. Signs and symptoms of measles typically include:

- Fever
- Dry cough
- Runny nose
- Sore throat
- Inflamed eyes (conjunctivitis)
- Tiny white spots with bluish-white centers on a red background found inside the mouth on the inner lining of the cheek — also called Koplik's spots
- A skin rash made up of large, flat blotches that often flow into one another

The infection occurs in sequential stages over a period of two to three weeks.

Causes

Measles is a highly contagious illness caused by a virus that replicates in the nose and throat of an infected child or adult. Then, when someone with measles coughs, sneezes or talks, infected droplets spray into the air, where other people can inhale them. The infected droplets may also land on a surface, where they remain active and contagious for several hours. You can contract the virus by putting your fingers in your mouth or nose or rubbing your eyes after touching the infected surface. About 90 percent of susceptible people who are exposed to someone with the virus will be infected.

Risk factors

Being unvaccinated. If you haven't received the vaccine for measles, you're much more likely to develop the disease. Traveling internationally. If you travel to developing countries, where measles is more common, you're at higher risk of catching the disease. Having a vitamin A deficiency. If you don't have enough vitamin A in your diet, you're more likely to have more-severe symptoms and complications.

Complications: Complications of measles may include: Ear infection. One of the most common complications of measles is a bacterial ear infection.

Bronchitis, laryngitis or croup. Measles may lead to inflammation of your voice box (larynx) or inflammation of the inner walls that line the main air passageways of your lungs (bronchial tubes).

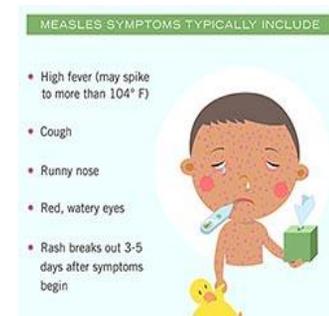
Pneumonia. Pneumonia is a common complication of measles. People with compromised immune systems can develop an especially dangerous variety of pneumonia that is sometimes fatal.

Encephalitis. About 1 in 1,000 people with measles develops a complication called encephalitis. Encephalitis may occur right after measles, or it might not occur until months later.

Pregnancy problems. If you're pregnant, you need to take special care to avoid measles because the disease can cause preterm labor, low birth weight and maternal death.

Prevention: If someone in your household has measles, take these precautions to protect vulnerable family and friends:

Isolation. Because measles is highly contagious from about four days before to four days after the rash breaks out, people with measles shouldn't return to activities in which they interact with other people during this period. It may also be necessary to keep non-immunized people Vaccinate. Be sure that anyone who's at risk of getting the measles who hasn't been fully vaccinated receives the measles vaccine as soon as possible. This includes anyone born after 1957 who hasn't been vaccinated, as well as infants older than 6 months.



Marianne del Rosario, RN
Infection Preventionist



Quality Assurance
Performance Improvement

Excerpt from: <https://www.mayoclinic.org/diseases-conditions/measles/symptoms-causes/syc-20374857>