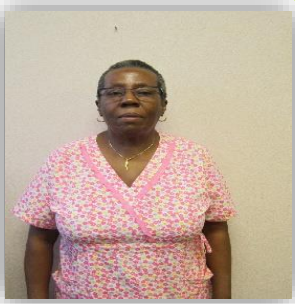


# Spotlight Employee of the Month

## Pearl Benjamin

Pearl Benjamin has been with RNH's since June 1999. She has a family that is very loving and supportive of her. She enjoys playing Tennis as a Hobby. Her idea of a perfect day would be "a covid free day". If she had a superpower, it would be "the ability to make the Covid virus go away".



Ms Pearl is very likable and enjoys her work." She lives by her motto "to treat others as you would like others to treat you."

*"Pearl is very dependable and devoted to resident care!"*  
~Nicole Young OT

*"Thank you Pearl for all your hard work and dedication. You have a special way of making residents and staff feel happy, your motivation is a great asset! We all appreciate you!"*

~Linda Green, LPN  
3<sup>rd</sup> Floor Unit Manager

*"She is extremely smart, and caring to us, I love her colorful outfits!"*  
~Mrs. Gail Schechter

## Welcome Our Newest Staff!



Ennica Mukomberanwa, LPN



Alice Njilangedi, LPN

## VOLUNTEER YOUR TIME

We are always looking for volunteers to spend some time with our residents. If you're interested call 301-279-9000



Rockville Nursing Home  
Steppe Memorial Building  
303 Adclare Road  
Rockville, MD 20850  
(301) 279-9000

# The Happenings

at Rockville Nursing Home



*"Providing superior care for our residents and peace of mind for families."*

## May Staff Birthdays

|                        |                  |
|------------------------|------------------|
| Ofosu, Sandra          | 11 <sup>th</sup> |
| Thilakarathna, Nilusha | 12 <sup>th</sup> |
| KOnte, Alimatu         | 14 <sup>th</sup> |
| Ngatia, Susan          | 18 <sup>th</sup> |
| Divico, Cherie Ann     | 22 <sup>nd</sup> |
| Nicol, Jane R.         | 27 <sup>th</sup> |
| Watson May V           | 28 <sup>th</sup> |
| Benjamin, Denise F.    | 30 <sup>th</sup> |



### Testing for COVID-19

- We received approval from the MD Health department to pre-emptively test all RNH residents for Covid-19, even if they remain asymptomatic.
- Please note that the MD Health Department had advised against facility-wide testing for resident's in the past due to a supply shortage of testing kits.

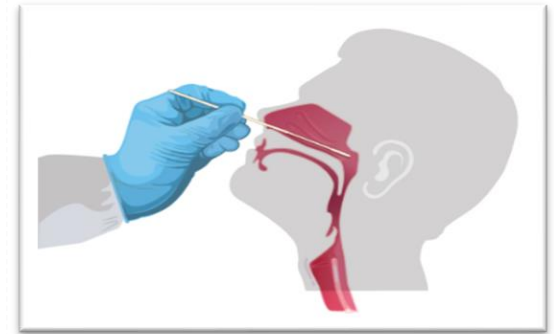
#### Benefits of facility-wide testing to all resident's:

- Early identification of Covid-19 positive resident's who are asymptomatic
- Better cohort of residents and staff:
- Designate an observation unit in the nursing home to care for resident's with known or suspected Covid-19 floor for resident's who test negative for Covid-19
- Establish a cohort of staff who are assigned to care for known or suspected Covid-19 residents on the observation floor.
- Establish a cohort of staff who are assigned to care for residents who tested negative for Covid-19

#### What will positive and negative results mean?

- If a resident tests *positive*, they will be transferred to the Covid-19 observation floor, which means they might have to transfer to a different room as well as a different floor.
- If a resident tests positive and they are already on the Covid-19 observation designated floor, they will remain in that same room.
- If a resident tests *negative*, they will be transferred to Covid-19 negative floor, where staff will continue to monitor for arising symptoms or any changes.
- If a resident tests negative and they are already on the Covid-19 negative designated floor, they will remain in that same room.
- Note that a negative test does not rule out Covid-19 infection at a later date.
- Negative residents need to be re-tested if/when they develop symptoms.
- Negative residents may have asymptomatic infection after the date of test.

### Specimen Collection



- Swab is inserted through the nares parallel to the palate (not upwards) until resistance is encountered, indicating contact with the nasopharynx.
- Swab should reach depth equal to distance from nostrils to outer opening of the ear.
- Swab is then gently rolled and left in place for several seconds to absorb secretions.
- Swab is then gently removed while rotating it.
- Swab is then placed in sterile tubes containing 2-3 mL of viral transport media and refrigerated until specimen is sent out to the lab.

Thank you for your cooperation and support. As always, we have the best interest of our residents in mind.

Source:

<https://www.cdc.gov/coronavirus/2019-ncov/lab/guidelines-clinical-specimens.html>

Excerpt from:

<https://www.cdc.gov/vaccines/events/niam/parents/key-messages.html>

Marly Cubias, BSN, RN  
Infection Preventionist



Quality Assurance  
Performance Improvement